Chula Vista Elementary School District



Loma Verde Elementary School Home of the Wildcats

2021 - 2022

Parent and Student Handbook



Board of Education

Kate Bishop • Leslie Ray Bunker Lucy Ugarte • Francisco Tamayo

Superintendent

Francisco Escobedo, Ed.D.

EQUAL OPPORTUNITY EMPLOYER

The Chula Vista Elementary School District is committed to providing equal educational, contracting, and employment opportunity to all in strict compliance with all applicable state and federal laws and regulations. The District office that monitors compliance is the Human Resources Services and Support Office, 84 East J Street, Chula Vista, CA 91910, phone 619-425-9600, ext. 1340. Any individual who believes s/he has been a victim of unlawful discrimination in employment, contracting, or in an educational program may file a formal complaint with the District's Human Resources Office.



Message from the Principal

July 2021

Dear Loma Verde Families,

Welcome to the 2021-2022 school year! The staff and I are excited to start a new academic year in a safe, healthy, and happy environment where all our children can receive the best education. Based on the needs of each individual child, the knowledgeable and dedicated Loma Verde staff strives to provide the best Common Core Standards-based, dynamic instruction, while also focusing on the social, emotional and physical well-being of students. At Loma Verde we capitalize on your child's inquisitiveness and desire to learn. We guide and provide your child with the knowledge and skills necessary to be a successful, productive member of society.

This Parent and Student Handbook provides important information about the school's policies and procedures. Teacher voicemail extensions and email addresses are provided to facilitate communication between home and school. It also addresses behavior and safety rules, daily schedule, traffic safety, proper attire, and more. Please review the information contained in this handbook with your child(ren). The staff and I will also review the information with the students during our first week back to school and throughout the school year. We look forward to serving you and proving your child with the best education possible.

This will be a rewarding year filled with learning, lifelong relationships, and the joys of success and accomplishment. Your participation in your child's education is vital. The Parent Teacher Organization (PTO), School Site Council (SSC), and English Learner Advisory Committee (ELAC) and the classrooms welcome your participation. The wonderful Loma Verde staff and I feel privileged to be a part of this school family. We thank you for your support and look forward to working with you during the 2021-2022 school year. My door is always open, and I am always available to serve you.

Sincerely your partner in education,

Mrs. Bree Watson Principal



COVID-19 GUIDELINES:

All staff and students are required to wear masks indoors. Parents are asked to screen for Covid-19 symptoms prior to bringing students to school each day. We are following state and district guidelines for the safety of our students, staff, and community. Updates are posted on the district webpage.

SCHOOL HOURS:

Children should not arrive at school before **7:15 a.m**. **They should be in their lines on the blacktop no later than 7:55 a.m**. The warning bell rings at 7:55 a.m. The gates will be closed and locked at 8:00 a.m.

START/DISMISSAL TIMES

Preschool AM

7:30 a.m. – 10:30 a.m. (Mon.Fri.)

Preschool PM

11:30 a.m.- 2:30 p.m. (Mon.Fri.)

SDC/MM Preschool AM

7:30 a.m. - 10:30 a.m. (Mon.-Thurs.)

*No School on Fridays

SDC/MS Preschool PM

11:30 a.m. - 2:30 p.m. (Mon.-Thurs.)
*No School on Fridays

Transitional Kindergarten (TK) AM

8:00 a.m. – 11:20 a.m. (Mon.-Fri.)

Kindergarten-6TH Grade

8:00 a.m. - 2:30 p.m. (Mon.-Thurs.) 8:00 a.m. - 1:00 p.m. (Fri. & Modified Days)

Please do not leave your children unattended on the school grounds before or after school as there is no before or after school supervision. If you need after-school care for your child, please consider the YMCA Stretch Program or other available programs. Unless they participate in YMCA Stretch, or are enrolled in a structured, after-school activity such as soccer, students are to be **picked up within 15 minutes of dismissal** or walk home immediately. Those not picked up must sign in at the office and be checked out by a parent or person on the emergency list. Students are not allowed to remain on the playground.

OFFICE HOURS:

The school office is open from 7:30 a.m. to 4:00 p.m. Monday through Friday. The school telephone number is 619-420-3940 and the fax number is 619-422-2667.

The gates will be locked according to the following schedule:

The gates will be locked:

Monday-Thursday: 8:00 a.m.-2:30 p.m.

6:00 p.m.- 7:15 a.m.

Friday: 8:00 a.m.-1:00 p.m. Friday-Weekend: 6:00 p.m.-7:15 a.m.

The gate by SDG&E Park at the back of campus will be locked:

Monday-Thursday: 7:55 a.m.-2:30 p.m.

2:45 p.m.-7:15 a.m.

Friday: 7:55 a.m.-1:00 p.m. Friday-Weekend: 1:15 p.m.-7:15 a.m.

Gates will be locked at all times on school holidays and when school is off session. **Access to the campus during school hours is through the main office**. Visitors and volunteers provide a picture ID, must sign in on the computer (Raptor), provide proof of COVID-19 vaccination, and wear a 'Visitor' or 'Volunteer' badge while on campus. All visitors, when allowed on campus, must wear a mask at all times.

STUDENT EMERGENCY INFORMATION:

Families completed the new verification of residency and online registration forms with emergency information.

Please keep the school informed of any new health problems, detected by your physician, any change of family address or phone number, <u>and/or any change in emergency name or address</u>. In case of an accident requiring the services of a doctor, <u>IT IS ESSENTIAL THAT PARENTS KEEP US INFORMED OF A CHANGE OF ADDRESS AND PHONE NUMBER.</u>

DISASTER INFORMATION CARDS (WHITE):

It is equally important that the information on the white card is kept current. Every teacher must keep a card on each student in case of an emergency situation at school. Please note that the reverse side of the card provides an Authorization for Treatment of Minors. Parents signing the authorization give permission to treat a student at a hospital/medical facility during an emergency. This form is being sent home along with other important papers when school begins. Please fill it out in its entirety and return to your child's teacher the following day.

STUDENT ACCIDENT INSURANCE COVERAGE (Voluntary):

You need to process this coverage by:

- A. Completing the application,
- B. Mailing the completed form immediately; and,
- C. Indicating on the "Emergency Information" form that you received the student accident insurance information.

VERIFICATION OF RESIDENCY (ADDRESS):

State law requires that every year each student's address must be verified. Verification of residency is now done online. The office can assist with completing this process and uploading necessary documents. Please notify the office of any residency changes or moves during the school year. Your child's school registration is incomplete until you fulfill this requirement. Students will not be placed on a class roster until residency is verified.

CLASS ASSIGNMENTS:

Each year we are often faced with the task of moving a few children from one classroom to another in order to correct an imbalance in class composition. Typically, these changes occur within the first two weeks of school, but changes may occur at any time during the school year. We strive to keep these changes to a bare minimum; however, it is hard to predict exact growth patterns and which grade levels will be affected. In the event changes do become necessary, we hope that we may count on your cooperation and understanding. At the beginning of the school year, we would like to ask families to please wait until the third week of school to discuss any possible class assignment change. If a family wishes to talk about a possible change, they need to pick up a form from the office describing the rationale for the change. An appointment with the principal will be arranged to discuss the request and to consider all factors associated with a possible change in placement.

TELEPHONE CALLS/CELL PHONES:

It is very disruptive to call a child to the telephone during the instructional day, so please do not ask the office staff to do so. If you must leave a message for your child, you may either leave a voice mail or a message with the office secretaries, but please do not abuse the privilege. Prior to coming to school each day, make sure your child knows where to go after school. Phone use by students is restricted to emergencies only. Students will not be allowed to use the school telephone to alter after school plans.

A student may have a cell phone on campus only if the parent/guardian has filled out and submitted a **Cell Phone Permission Waiver** to the school office. A student may bring a cell phone only after the parent has received his/her copy of the permission form signed by a school administrator. Cell phone permission approval is valid for one school year only and must be **renewed** each school year. On campus violation of any of the terms of the cell phone permission will result in the confiscation and revocation of cell phone privileges. The parent must come to the office to pick up the phone from an administrator.

BREAKFAST AND LUNCH:

All Loma Verde students receive free breakfast and lunch. Parents do not need to complete a lunch application. The child nutrition services department does offer soy milk for children as requested.

LUNCH BREAK: Monday - Friday (Recess/Lunch)

Kinder: 10:35 a.m. – 11:20 a.m. 1st Grade: 10:40 a.m. – 11:25 a.m. 2nd Grade: 10:55 a.m. – 11:40 a.m. 3rd Grade: 11:10 a.m. – 11:55 a.m. 4th Grade: 11:25 a.m. – 12:10 p.m. 5th Grade: 11:40 a.m. – 12:25 p.m. 6th Grade: 11:55 a.m. – 12:40 p.m.

SERVING HOURS:

Breakfast is served from 7:15-7:45 a.m. Students will be supervised in the cafeteria until 7:45 a.m. They will be escorted to line up at the identified spot by their room number. Lunch will be served as designated by each grade level's daily schedule.

Please send <u>healthy</u> snacks and lunch to school with your children. <u>Do not send sodas, candy, chips, or gum.</u> All children must eat lunch every day. If you do not want your child to eat lunch, please send a note to the principal with your request.

Loma Verde is a **GUM FREE CAMPUS**.

CVESD Board Policy 5030: WELLNESS

"No celebratory food items will be allowed on school sites during the school day in celebration of a student's birthday. The District encourages and supports the use of nonfood celebratory activities and will provide a list of suggestions to schools and parents." Balloons are not allowed on campus. See the CVESD Summary of Wellness on page 31

UNIFORMS AND DRESS GUIDELINES:

At the request of many parents and with the support Senate Bill 1269, the Chula Vista Elementary School District Board of Education approved the uniform Policy at Loma Verde Elementary School. All students are required to wear uniforms to school daily. Your support of and commitment to the uniform policy is vital to its success! We believe it sets high standards for the students by:

- reducing peer pressure
- increasing safety and security
- eliminating the wearing of inappropriate clothing items
- improving personal responsibility and accountability
- preparing for the workplace
- reinforcing positive behavior
- allowing students to focus on academic targets

Uniforms support our school spirit and sense of belonging. Our goal is to keep our focus on academic and social growth, not on the latest fashion trends. We see school uniforms as one positive and creative way to reduce discipline problems and increase school safety. Students who feel safe and secure learn basic values, the essentials of good citizenship, and are better students.

The school uniform consists of the following: solid navy-blue or black pants, shorts, skirts or jumpers, and solid grey, white, or navy-blue polo shirts (no stripes on bottoms or tops). Shirts are to have a collar and are to be tucked in at all times. V-notch polo shirts may be worn untucked and must be appropriately fitted. Length of shirt may not extend beyond the wrist. Only school color legging under skirts are allowed. If you require assistance acquiring the uniforms, please contact the office. Information is confidential. If a student comes to school inappropriately dressed or out of uniform, they will be counseled the first time. The second time, we will notify the parent and provide acceptable clothing. After that, the parent will be contacted to bring a change of clothes.

School Spirit shirts can be worn on any day of the school week.

Non-school t-shirts are not part of the uniform policy. Oversized clothing is not suitable or acceptable. *Baggy pants are not allowed*. No jeans or ripped clothing is allowed. Clothes shall be sufficient to conceal undergarments at all times. See-through or fishnet fabrics, halter tops, spaghetti straps, off the shoulder or low-cut tops, midriffs, and skirts/shorts shorter than mid-thigh are not appropriate. Dangling and hoop earrings, chains, and keys worn visibly around the neck are unsafe and are not acceptable. Hats, caps and other head coverings shall not be worn indoors (except for health or religious reasons). When worn outdoors, caps/hats must be worn appropriately with the bill forward, not to the side or back. High heeled shoes and shoes with wheels are not allowed. Please wear appropriate closed toed PE shoes daily, since all students have PE every day. Make-up and tattoos are inappropriate for elementary school students and not to be worn.

Uniform waivers are available but highly discouraged. A parent must come in to the office to fill out the waiver and a reason must be specified. Uniform waivers **must be renewed every school year**. The waiver becomes effective only after the parent has received his/her copy of the waiver signed by a school administrator, and it is only then that the student may attend school without a uniform. Uniform waivers do not exempt a student from dress code. If discipline becomes a problem for a student on a uniform waiver, the waiver will be rescinded.

We feel these guidelines will keep our Loma Verde students safe and looking like elementary students while helping them focus on learning. Thank you for your help with this important issue. Please help us instill positive, safe choices pertaining to student's clothing and appearance by supporting our School Uniform Policy. All students should be "Dressed for Success"! Items that are left behind are placed on the lost and found table in the auditorium or by the office. Please remind your child to check the lost and found for missing items. Helpful hint: mark your child's name on his/her jackets, mask, water bottles, lunch boxes, and hats. Every year many articles of clothing are left unclaimed at school because children do not recognize their things. At the end of the year we are forced to pass on this clothing to local charities.

SCHOOL LANDSCAPING:

Please help maintain the beautiful landscaping at Loma Verde Elementary by walking on the sidewalks and not through the grass. Share our pride about our environment.

TARDINESS/ATTENDANCE POLICY

Under California Law (Ed. Code 48200) parents and guardians are charged with the responsibility of keeping their children in regular attendance and on time at school. For a medical or dental appointment, please have your child return to school with a doctor's or dentist's note.

Loma Verde Elementary School will only excuse an absence for the following reasons:

- Illness
- Medical or dental appointment
- Quarantine by a county or city health officer
- Funeral of immediate family member (Grandparent, parent, or sibling)
- Military parent leaving for or returning from deployment

ATTENDANCE:

School attendance is critical for learning.

If your child is absent:

Call the Attendance line on the day of the absence or send a note the first day back to school. To reach the Attendance line, dial 619-420-3940 and select #2 on the menu. Leave a message regarding your child's absence for our school Attendance/Health Secretary. If your child is absent three days or more, a doctor's note is required. Parents must notify the school of the reason for a child's absence each day. Reporting the absence does not automatically excuse the absence. Upon returning to school following an absence, your child must go to the heath office to obtain a green admit slip.

The <u>reason</u> given for the absence determines whether the absence is excused or unexcused. Failure to provide a **reason** makes the absence unexcused.

• If your child will be absent for religious reasons, to participate in "Take Your Child to Work Day", to attend a military function for a parent, etc.:

A written request stating the reason for the absence must be presented to the school Attendance office for Principal approval **two days prior to the absence**. If approved, the absence becomes a "Board Justified" absence. If the absence is not approved, it is an unexcused absence.

To sign a child out before dismissal:

Please do not pick up your child early unless she/he has a medical or dental appointment. Your child's safety is our priority. For this reason, for all students, including, Preschool, SDC-Preschool, Transitional Kinder, and Kindergarten parents and guardians who pick up their children early, it is mandatory that parents/guardians wait outside the office to sign-out the child. An office employee will pick up your child, and he/she will be brought to you. Our students will not be released to adults who are not listed on the emergency list. A phone call from any adult to our office giving permission to an unknown person will not be accepted. The name of the person picking up your child must be on the emergency list and must provide a picture identification card. NO EXCEPTIONS. We urge you to make sure your emergency contacts and telephone numbers are updated as soon as any information changes. School District policy requires that any child signed out before dismissal time is considered an unexcused absence unless the reason is for a doctor or dental appointment. A doctor's note verifying the appointment is required when the child returns to school, otherwise, the absence will be considered unexcused. This does not apply when a child is signed out to go home due to illness nor is a note required from a doctor when they return to school.

Independent Study Contract:

- An Independent Study Contract can be obtained for a child who will be absent five or more days.
- The parent must notify the teacher of the absence and discuss the Independent Study Contract at least one week prior to the start of the absence.
- The parent must also notify the Attendance office of the absence and request the Independent Study Contract at least one week prior to the start of the absence.
- An Independent Study Contract must be signed prior to the start of the absence.

Children should not be absent except for medical reasons. Please schedule vacations during school breaks. **Students learn when they are in school.**

To be eligible for Perfect Attendance, the student must be in class on time and must stay in class the entire day every day that school is in session. (i.e., the student cannot be late to school for any reason or be taken out of school early for any reason or be absent from school for any reason.)

TRUANCY:

State law requires that elementary school attendance is compulsory. Parents/guardians are responsible for making sure that their children attend school every day, on time. Students with more than three unexcused absences in one school year shall be classified as truant. Students who are more than 30 minutes tardy, or who are signed out more than 30 minutes early on three or more school days in one school year shall be classified as **truant** (Education Code 48260). Such students shall be reported to the principal. The parent/guardian shall be notified of the student's truancy by a letter from the principal. If necessary, a parent/guardian conference will be arranged to address the truancy. Students reported as truant three or more times during the year may be classified as habitually truant and referred to the Student Attendance Review Board (SARB). (Education Code 48263)

MEDICATION:

If your child must take <u>any</u> medication at school, we must have a form signed by your physician each year, and the medication must be kept in the health room. Discontinuation of medication and changes in dosage or time require written instruction from the physician. This applies to prescription and non-prescription medicine. Every time your child is on a medication for a specific illness such as strep throat, bronchitis, pink eye, etc., a new form must accompany the prescription. Contact the Health Office at 619-420-3940 for the proper medication form.

SAFETY:

Precaution: All parents driving on our parking lot are required to follow California vehicle code laws at all times. Pedestrian safety is your responsibility. We would like to ask the adults, in addition to the children, to abide by Safety Patrol Rules. If your child sees you waiting for the Safety Patrol, your child will follow suit. Please help us in preventing jaywalking. Encourage your student to follow safety guidelines. Please do not park in any of the red areas or in the bus zone along the fence. This is a no parking area, and you will be ticketed. Also, do not leave your car unattended in the yellow zone. You are highly encouraged to use the drop off, pick up area in the parking lot to pick up your child. Children should not cross the parking lot to get to his/her car. Students should enter and exit car on the passenger side in the drop off/pick up lane. Please do not park in any parking spaces that are designated for staff. Follow the direction of the parking lot. PLEASE DRIVE SLOWLY. Follow the directions of the arrows to exit the parking lot. Thank you for being polite to other drivers, our staff and volunteers, and the student Safety Patrol, as our children learn from the behaviors that we model. The safety of our students is of primary importance to us. Thank you for your cooperation

WARNING: The Chula Vista Police Department will issue violations to cars stopping or parking illegally in front of the school.

FOR YOUR CHILD'S PROTECTION, HE/SHE:

- Should go directly home or to the place you have arranged with your child.
- Will not remain on campus, playing around buildings or on the playground.
- Will not expect to be allowed to use the school phone unless it is an emergency. (Calling home for permission to play at another student's home is not an emergency.)
- Will not return to school to retrieve a forgotten item unless he/she are accompanied by an adult.
- Will not be allowed to leave the school campus unless he/she has permission.
- NO ROLLER BLADES, SHOES WITH SKATES, SKATEBOARDS OR SCOOTERS ARE ALLOWED TO BE BROUGHT TO SCHOOL.
- Will not leave school during the day without permission from the office.
- NO DOGS ARE ALLOWED ON CAMPUS.

IF YOU MOVE:

If you move at any time during the school year, you **must** complete the following steps within two weeks of the move:

- Verify residency with your new address.
- Update the emergency forms in the Health Office with your new address and any other information that has changed.
- If you have moved out of the Loma Verde boundaries, it will be necessary to fill out a Zone
 Transfer so that your student(s) can finish the remainder of the school year at Loma Verde
 Elementary.

BICYCLES, SKATEBOARDS, SCOOTERS & ROLLER-BLADES

To ensure student safety, riding bicycles, skateboards, scooters and roller-blades on campus during school hours is strictly prohibited. Students may ride their bicycle to and from school and lock up their bike to the bike rack provided. Students must wear helmets when riding their bikes to and from school. Please complete a *Permission to Ride Your Bike to School Form* if your child will ride their bike to school.

COMMITTEES

Parent participation and involvement is one of the best ways you can ensure your child's success. Key committees where parents can be involved include:

- ELAC English Learner Advisory Committee provides support for second language learners and their families.
- Garden Club provides support for our school garden.
- PTA Parent, Teacher Association (PTA) supports school events and programs.
- Safety Committee oversees the Comprehensive Safe School Plan, including student health and wellness.
- SSC School Site Council provides oversight and input for the Local Control Accountability Plan (LCAP) and the Local Control Funding Formula (LCFF) or school budget. This committee advises and monitors the LCAP and LCFF throughout the school year.

CHILD CARE PROGRAMS:

YMCA STRETCH: Before and after school child care from 6:30 a.m. – 5:45 p.m. YMCA STRETCH is located on our campus in the 400 pod. Their telephone number is 619-730-8042. This free program provides structured after school activities for 1st-6th grade children.

COMMUNICATION:

All school-wide events and messages are posted each Sunday on our electronic bulletin (blog): https://lomaverdewildcats.org/

You can receive an email each time the blog is updated by entering your email address to "follow" the blog at lomaverdewildcats.org. All updates to the blog are sent out as an email message each Sunday at 5 pm.

As a means of keeping you informed about school events, we routinely send out messages to your primary telephone number and e-mail. For this reason, it is important that you keep us informed of changes to your telephone number and e-mail.

Always discuss concerns, suggestions, general information, etc. with your child's teacher. Student Attendants and Aides are not permitted to discuss information about students with parents.

DISASTER/EARTHQUAKE/FIRE DRILLS

Fire, earthquake and disaster drills are conducted throughout the school year in order to be prepared in the event of such an occurrence. If you are on campus during a drill please follow all staff instructions.

Thank you for sending us your children! We are excited to have him/her and you join our Loma Verde family. We are here to help you, and if you have any questions or concerns on any school-related matter about your child, please do not hesitate to call the office at 619-420-3940.

EMERGENCY AND HEALTH INFORMATION

The student Emergency and Health Information form is an important source of information for the school office. It provides the child's address, phone number, school identification number and emergency contact numbers. When necessary, teachers, administrators and other office and health personnel use this information to contact families. It is imperative that you update information regularly for each child in attendance. Please update information online via Powerschool or inform the office of any changes in student information throughout the year, most importantly work, cell and emergency numbers.

ENTERTAINMENT PERMITS

Please note that administration will not sign off on Child Entertainment Permit Form if there are attendance concerns or the child is not performing at grade level in all academic subjects.

HEALTH

Our schools have students who are very susceptible to infection and viruses and have a reduced ability to fight off disease. Do not send a child with the following symptoms to school:

- Fever of 100.5°F or more, taken orally (or 101°F taken by ear, rectally or temporal scan). Note that ear temperatures are inaccurate, and temperature should be taken using another route, if the temperature is high. When fever is accompanied with a rash, earache, sore throat, sluggishness, or nausea, the fever may be a signal of a contagious infection. Keep the child home until fever free. Do not give aspirin to children and teenagers for relief of discomfort or fever without first consulting a physician for each specific use. Aspirin and aspirin-containing medications may increase the chance of developing Reye's Syndrome.
- Cough and difficulty breathing Children may come to school if they have symptoms of a cold, with
 cough and nasal mucus. However, do not send your child to school and always seek medical care if the
 child has labored breathing (heaving of chest muscles with each breath), rapid breathing at rest, blue
 color to skin, or wheezing for the first time. If your child has been given a diagnosis of
 pertussis/whooping cough, your child will require 5 days of antibiotics before coming to school. If your
 child has a diagnosis of tuberculosis, your child may not return to school if untreated. (Having a positive
 tuberculosis skin test does not mean your child has tuberculosis).
- Rash that is undiagnosed When there is a fever and behavioral change accompanied by a rash, have the child checked by a doctor
- Chicken pox keep home until all blisters are scabbed over and no signs of illness.
- Diarrhea keep home if the stool is not contained by the diaper for diapered students. Keep home for students wearing underwear, if the student is having diarrhea in their underwear before reaching toilet. Do not send to school and seek care of a doctor if there is blood or mucus in the stool, if the stools are all black or very pale, or if the diarrhea is accompanied by: no urine output for 8 hours, jaundiced skin, or child looks/acts very ill.
- Vomiting more than once a day or if vomiting was accompanied by a fever. Seek medical assistance if
 there is blood or green mucus in the vomit, there is no urine output in 8 hours, there is a recent history
 of head injury, or the child looks or acts very ill.
- Impetigo Once your child has started an antibiotic, your child may return to school the following day.
- Ringworm (contagious skin fungus infection). Keep child home until treatment is started, if in an
 exposed area. Ringworm on the body can be treated with a cream applied directly to the affected area
 and covered with a bandage. Ringworm on the scalp requires an oral medication, but child may return
 to school if covered with appropriate cream or covered.
- Cold sores Child may attend school unless there are also mouth ulcers and blisters and the child has
 no control of drooling.
- Seizures Do not send your child to school if your child has been administered emergency seizure medication(s) within 9 hours of the start of school.
- Antibiotics Children who are placed on antibiotics for the above ailments should be on them for about 24 hours (longer for Pertussis/Whooping Cough) before returning to school to prevent the spread of infection. If at any time you are unsure if your child's illness is contagious, call your child's primary care provider. If you have further questions, please contact the school to speak to the school nurse.
- Asthma If your child has asthma work with the school nurse and your doctor to develop a written asthma action plan for your child that includes your child's asthma triggers and how to avoid them.

HOMEWORK POLICY

Homework is an integral part of the educational experience. Students develop life skills such as self-discipline, problem solving, time management and responsibility when homework is valued and adhered to. To ensure the success of all students, Loma Verde Elementary School has established the following homework policy:

Homework should help a child:

- Develop independent study habits and self-discipline.
- Reinforce classroom instruction by further application and experience.
- Enrich school experiences as a result of independent study, individual research and experimentation.

Your child's teacher is committed to:

- Explaining and clarifying assignments with students at the time homework assignments are made.
- Periodically providing assignments other than pencil and paper activities.
- Evaluating, monitoring and providing feedback on all homework assignments.
- Informing parents when students consistently fail to complete assignments.

Parents are encouraged to:

- Provide a study place with a minimum of distractions and interruptions.
- Monitor the student as needed.
- Make sure that school materials are returned.
- Check to see that work is completed.
- Communicate with the teacher if there are questions about homework assignments or if students have difficulty in completing assignments in a reasonable time.

Students are expected to:

- Complete the assignments neatly, accurately and on time.
- Bring necessary materials home and return materials on time.

INTERNET POLICY

Internet access is available to Loma Verde Elementary School students. No student or adult is permitted to utilize the Internet prior to reading and signing the Chula Vista Elementary School District Internet Use Guidelines/Agreement. This Agreement is part of the Annual Notification.

LIBRARY BOOKS

It is the intent of Loma Verde Elementary School to allow all students the opportunity to check books out of our wonderful school library. We have many books and students are expected to learn how to take care of books, so they will last for many years to come. Therefore, we invite your cooperation in the care of library books. Please help your child to understand and practice the following:

- Keep books clean and protect books from weather, animals, babies, etc.
- Do not bend or tear the pages.
- Turn pages from the top.
- Do not treat books roughly.
- If you borrow a library book, return it to school the following week. Books may be renewed.

It is the child's responsibility to take care of the books that he/she borrows from the library. If your child damages, destroys or loses a library book, you will be asked to pay for it. Replacement books are purchased by the school librarian to ensure that a library bound edition is received for the library. These are more expensive than books that can be purchased in stores because of the quality of the binding required for books that will be circulated for many years.

LOST AND FOUND

Please label all clothing items, book bags, and supplies with your child's name. By doing so, most lost items can be returned to their owners promptly. If an item has been misplaced, please encourage your child to check the "Lost and Found" table located next to the auditorium. Unclaimed and/or unmarked "Lost and Found" items are sent to a local charity at the close of every quarter throughout the school year.

MEDICATIONS

Medications are not permitted at school except when kept in the school Health Office. Parents of students who require medication prescribed for him/her by a physician during the regular school day must complete an "Authorization for Medication Administration" form and keep on file in the school Health Office. This form authorizes office personnel to administer the medication to your child. A new form will need to be submitted at the beginning of each school year.

PETS

For the safety of everyone, animals are not allowed on campus unless approved by administration. This includes bringing dogs or other animals on the campus when dropping off or picking up your child. In the case of service animals please make prior arrangements with the principal.

PROBLEMS

Report concerns with students, staff, or parent conduct to administration immediately. Administration will investigate promptly but may be unable to discuss findings due to confidentiality.

PROGRESS REPORTS

Loma Verde Elementary School will utilize the Chula Vista Elementary School District Standards-Based Progress Reports. The progress report measures and reports students' level of mastery of the California State Standards. Student progress is reported four times a year. Please refer to the school calendar for dates of this year's progress reports and parent/teacher conferences. Children whose primary language is something other than English will also receive an English Language Development (ELD) progress report during each reporting period.

RAINY DAYS/INCLEMENT WEATHER

In the event of inclement weather, students report to the library (K-2nd) and auditorium (3rd - 6th) when they arrive from 7:30-8:00 am.

SAFETY

Please report any safety concerns you notice on campus. Also, if someone reports witnessing inappropriate behavior or misconduct regarding any adult on campus, please report it to administration immediately.

STUDY/FIELD TRIP POLICY

Off campus learning opportunities are offered throughout the year. Study trips are an important compliment to classroom instruction; parents may not opt students out of study trips. Although the goal is to provide each child with the opportunity to participate in these learning experiences, students may jeopardize their opportunity to participate or a child's parent may be required to chaperone if that child's behavior becomes a chronic problem in the classroom or on campus. Parents must complete and sign the Chula Vista Elementary School District permission slip prior to the field trip in order for their child to participate in an off-campus study/field trip (no exceptions). Please note, siblings are not allowed to go on field trips. Also, parents may not pick their child up at any location except the final meeting area for the class. Chaperones are selected at the discretion of the teacher. Loma Verde reserves the right to cancel a study trip at any time if guidelines are not followed or student behaviors become a concern.

TOYS, GADGETS, JEWELRY, HAIR ORNAMENTS, ELECTRONIC DEVICES

Students should not bring toys or unnecessary gadgets to school unless this has been approved by the classroom teacher. Toys, electronic devices, gadgets, jewelry, excessive hair ornaments, etc. may be a distraction to your child's learning and the learning of others. Loma Verde Elementary School is not

responsible for lost, stolen or broken personal items or toys. Please discuss digital conduct with your child. Students may not use personal electronic devices at school.

TESTING – STATE & DISTRICT

The California Assessment of Student Performance and Progress is the state accountability system that helps measure how well students are meeting the California State Standards and the benchmarks for college and career readiness. Local Measures are the district wide assessments that measure students' progress and achievement towards state and district initiatives. School wide assessments monitor student progress and achievement regularly and inform instruction to ensure progress is being made towards school, district and state grade level benchmarks towards college and career readiness.

- The California Assessment of Student Performance and Progress (CAASPP) These assessments, referred to as Smarter Balanced Assessment Consortium is the system used to assess students' progress in grades 3-8 and 11 on California State Standards in English language arts and mathematics. The purpose of these assessments is to determine if students are meeting the grade level benchmarks towards college and readiness.
- 2. English Language Proficiency Assessment for California (ELPAC) The ELPAC is the required state test for English Language Proficiency (ELP) that must be given to students whose primary language is a language other than English. State and federal law require that local educational agencies administer a state test of ELP to eligible students in kindergarten (or year one of a two-year kindergarten program, sometimes referred to as "transitional kindergarten") through grade twelve (ages 3-21). The ELPAC is aligned with California's 2012 Language Development Standards and is comprised of two separate ELP assessments:
 - a. Initial Assessment (IA) an initial identification of students as English learners
 - b. Summative Assessment (SA) an annual summative assessment to measure an English learner's progress in learning English and to identify the student's ELP level.
- 3. The Physical Fitness Test PFT is given to all students in grades 5 and 7. This health-related fitness test, developed by The Cooper Institute, is a valuable tool in assessing and tracking a young person's fitness. Additionally, the test provides important information to students, parents and school staff in monitoring individual health-related fitness.
- 4. Local Measures District assessments given at the end of the year in math, reading and writing to gauge student progress towards California State Standards.

The California Department of Education (CDE) has developed several resources to help students and parents understand the grade expectations of the Smarter Balanced Summative Assessments:

- The Parent Guides to the Smarter Balanced Assessments (in English and Spanish) are posted on the CDE's CAASPP web page under the Students and Parents tab: https://www.cde.ca.gov/ta/tg/ca/index.asp?tabsection=3#ssr
- The practice and training tests, which can be found on the CDE's Smarter Balanced Practice and Training Tests Web page at http://www.cde.ca.gov/ta/tg/sa/practicetest.asp
- For more information about the content, types of questions, and other targeted resources for the Science tests, please see the CDE's CAASPP Science Assessment web page at https://www.cde.ca.gov/ta/tg/ca/caasppscience.asp
- If you would like more information or resources about alternate assessments, please visit the CDE's CAASPP Alternate Assessments web page at http://www.cde.ca.gov/ta/tg/ca/altassessment.asp

SOCIAL MEDIA

At Loma Verde we want your child to have access to digital media; however, we are not responsible for student behavior occurring during personal, in-home use of social media, such as Facebook, Instagram, Snapchat, etc. Parents/guardians are responsible. Facebook users need to be thirteen (13) years old, so that is a concern. If your child, a minor, has a Facebook account, and is using this forum to communicate with "friends" on Facebook, be aware that the school does not endorse this behavior. Students should remember not to post anything online they would not want loved ones, teachers, future colleges, or employers to see. Once information is online, this information can be shared and spread in ways we never imagined. While we want children to develop skills that will benefit them as lifelong learners through the use of the Internet, we also want them to be protected from harmful content. At Loma Verde we will not tolerate cyberbullying. During school activities, students are not permitted to take photos of other students to post them online, without first obtaining parental permission from the parents of those students.

RULES AND DISCIPLINE POLICY

GENERAL INFORMATION BEHAVIORAL EXPECTATIONS

The students and staff at Loma Verde Elementary School believe that a safe and positive school environment is important to a child's learning in the classroom and to his or her growth as a citizen. In order to maintain a disciplined and safe learning environment at school we have adopted a school wide discipline policy centered around three basic rules which parents and children need to discuss and obey:

- 1. Show Respect
- 2. Make Good Decisions
- 3. Solve Problems

Students will receive positive reinforcement for appropriate behavior in the classroom and on the campus. Good behavior will be celebrated and rewarded with 'Wildcat Ticket' cards and Classroom Blue Cards. Our discipline policy is defined as follows:

PLAYGROUND RULES

- 1. Follow directions.
- 2. Keep hands, feet, and any objects to yourself.
- 3. Stay in designated areas.
- 4. At the sound of the siren all students stop play, hold all playground equipment, dismount play structure and stationary bars, take a knee, freeze, and refrain from talking. Students are to wait for further instructions and are not to get drinks or use the restroom after the siren.
- 5. Return all playground equipment to equipment rack when told to do so.
- 6. The use of profane language and/or name calling is strictly prohibited.
- 7. Take turns on equipment and adhere to play structure and soccer field use schedule.
- 8. All games are open; invite others to join your game.
- 9. We do not throw objects other than balls.

BATHROOM RULES

- 1. Only 4 students may use the bathroom at a time.
- 2. Come in, use the bathroom, and leave promptly.
- 3. Keep the bathroom clean and free of debris on the floors and/or in stalls.
- 4. Soft voices are to be used at all times.

HALLWAY RULES

- 1. Follow directions.
- 2. Keep hands, feet, and objects to yourself.
- 3. Walk at all times with "Bumpers Up".
- 4. No Talking.
- 5. Hallway passes are required during class time.

BEFORE SCHOOL RULES

- 1. Line up on the blacktop behind your classroom letter.
- 2. Remain on blacktop until your teacher arrives to escort you to class.
- Use soft voices.
- Follow directions.

It is our desire that students start the day in a disciplined and orderly atmosphere which creates and sustains the tone for the entire school day. Student safety is one of our priorities, therefore, we monitor our campus security and safety procedures on a continuous basis. The following procedure is to be followed by **all** students in grades K-6:

- Students who eat breakfast at school will report to the auditorium no earlier than 7:15 a.m. and no later than 7:45 a.m. When they are finished with breakfast, they are to either participate in run for fun or report directly to their classroom number on the blacktop.
- Students who do not eat breakfast are required to report to their classroom letter on the blacktop immediately upon arrival at school no earlier than 7:30 a.m.
- Students are to remain on the blacktop, lined up in an orderly manner by their classroom numbers until their teacher arrives to escort them to class.
- On rainy days, students will report to the auditorium.

AFTER SCHOOL RULES

- 1. Walk with a buddy.
- 2. Students will stay clear of all unsupervised areas including, but not limited to: classrooms, portable classrooms, kindergarten playground, blacktop, and the regular playground areas.
- 3. Remember to maintain a disciplined atmosphere, quiet and orderly at all times.
- 4. Students who are still waiting for pick up 15 minutes after dismissal will sign into office. Those students will need to be signed out by parent or guardian.

To help us support a discipline atmosphere the following is required of all students:

- Students must line up behind the classroom letter on the blacktop for the morning line up and at the end of recess.
- 2. Students will use only school issued equipment on the playground.
- 3. Students will not sell anything unless it is school sponsored.
- 4. Students will not play games which are unsafe, including tag, play fighting, and wrestling of any kind.
- 5. Everyone will treat others and be treated with respect.
- 6. Students must obey cafeteria rules during breakfast and lunch times.
- 7. Students are not to retrieve equipment outside of the playground without permission from a supervisor.
- 8. School property will not be defaced or misused in any way.

If a student disregards the above rules, the following steps will be followed in a progressive manner:

- 1. Individual teachers will apply their classroom discipline policies.
- 2. Individual teachers will contact parents by phone, email, ClassDojo or note in the planner.
- 3. Principal will talk with student (possible school consequences, e.g. loss of recess, suspension).
- 4. Principal will contact parents/guardians by phone at work or home.
- 5. Principal will conference with parents/guardians.

In accordance with Ed Code 48900, grounds for suspension include, but are not limited to: Physical injury to another student, teacher, or school employee (includes fighting of any kind)

- Possessing, selling, or otherwise furnishing:
 - a firearm, knife, explosive, or other dangerous object
 - a controlled substance, alcoholic beverage, or intoxicant
 - tobacco or products containing tobacco
- Stealing or receiving stolen school property or private property
- Causing or attempting to cause damage to school property, (including electronic files and databases), or private property. This also includes improper use of school restrooms.
- Committing an obscene act or using profanity
- Possessing or selling drug paraphernalia
- Selling prescription drugs
- Possessing an imitation firearm
- Sexual harassment
- Bullying, (including bullying committed by means of an electronic device). Bullying is the repeated, persistent, habitual use of force, intimidation, or aggressively dominating others.
- Disrupting school activities or defying the authority of supervisors, teachers, administrators, school
 officials or other school personnel

Loma Verde School Wide Expectations

	Solve Problems	Good Decisions	Show Respect	
0 – Vc 1 – W 2 – Pa	- Use words to solve problems - Use the STEP problem-solving process - Use "I" Statements: "I feel when you because Can you please"	- Go directly to your destination - Report unsafe behaviors to school staff	-Walk in the hallways and blacktop -Keep hands, feet, and objects to yourself -Respect personal space -Be courteous to others: "Good morning / good afternoon, please, thank you" -Voice level 1 (Whisper)	Arrival & Dismissal Areas
Voice Levels 0 - Voices off 3 - Group Talk 1 - Whisper 4 - Presentation Voice 2 - Partner Talk 5 - Outside Voice	- Use words to solve problems - Use the STEP problem- solving process - Use "!" Statements: "I feel when you because Can you please"	- Stay with assigned group - Walk with hands behind your back or at your side - Stay on walkway - Go directly to your destination - Report unsafe behaviors to school staff	- Follow adult directions - Respect other classes - Respect personal space - Be courteous to others: "Good morning / good please, thank you" - Voice level 1 (Whisper)	Hallways
"STEP" Problem-Solvin S - Say the problem without blame T - Think of safe and respectful solu E - Explore consequences (what composed to the best solution P - Pick the best solution	- Use words to solve problems - Use the STEP problem-solving process - Use "I" Statements: "I feel when you because Can you please"	- Follow rules of the game - Play in designated areas - Report unsafe behaviors to school staff - Include your peers in recess activities	- Wait your turn in line - Respect personal space - Follow adult directions - Respect other classes - Use playground equipment appropriately - Voice level 5 (Outside)	Recess
"STEP" Problem-Solving Process S - Say the problem without blame T - Think of safe and respectful solutions E - Explore consequences (what could happen if) P - Pick the best solution	- Use words to solve problems - Use the STEP problem-solving process - Use "I" Statements: "I feel when you because Can you please"	personal needs only - Clean up after yourself and wash your hands - Use only what you need - Return to class promptly - Report any problems to school staff	- Respect privacy - Wait your turn - Voice level 1 (Whisper)	Restrooms
Lining Up 1. Eyes watching adult 2. Quietly walk with hands/feet to self 3. Voices silent 4. Follow person in front of you	- Use words to solve problems - Use the STEP problem-solving process - Use "I" Statements: "I feel when you because Can you please"	- Stay in your spot in line - Stay with your table group - Eat your own food - Wait to be dismissed - Ask for permission to use the restroom	- Keep your area clean - Respect personal space - Wait your turn in line - Use only what you need (condiments/utensils) - Voice Level 2 (Partner Talk)	Cafeteria
g Up Is/feet to self of you	- Use words to solve problems - Use the STEP problem-solving process - Use "I" Statements: "I feel when you because Can you please"	- Walk with hands behind your back or at your side - Stay in your spot in line - Patiently wait for your teacher	- Follow adult directions - Respect personal space - Respect school staff - Voice level 1 (Whisper)	After Lunch Arbor
	- Use words to solve problems - Use the STEP problem-solving process - Use "!" Statements: "I feel when you because Can you please"	 Respect personal space Stay in your designated spot Stand or sit properly 	- Walk in/out quietly - Stand or sit quietly in line - Eyes and ears on speaker - Pay attention to the quiet signal - Raise hand to speak - Voice level 0 (Voices off)	Special Events & Assemblies

Procedures for Addressing Conflicts/Bullying Behavior

All students will follow these four anti-bullying rules at Loma Verde:

- 1. We will not bully others.
- 2. We will try to help students who are bullied.
- 3. We will try to include students who are left out.
- 4. If we know that somebody is being bullied, we will tell an adult at school and an adult at home.

When a staff member witnesses a bully incident or a student reports an incident to a staff member, the following steps will occur:

- Step 1: Staff member will immediately stop the buy behavior.
- Step 2: Staff member will refer to the bulling behavior and to the relevant rule against bullying.
- Step 3: Staff member will support the bullied child by assuring their safety and that bullying is not tolerated at Loma Verde.
- Step 4: Staff member will empower the bystanders with appreciation if they were supportive to the student who was bullied or with information as to how to act in the future.
- Step 5: Staff member counsels the student who bullied and if appropriate, imposes consequences for bullying behavior.
- Step 6: Report incident to Principal for investigation, to assign consequences if needed, and to take step to insure the bullying does not continue.

VISITORS

- Please do not hold conversations on your cell phone in the school office, classrooms, or other areas where students are present
- Food or drink are not permitted in the office, classrooms or areas where children are present
- Balloons are not allowed on campus as they can trigger our alarm system
- May not bring food for other people's children

VOLUNTEERS

There are many opportunities to volunteer at school. All volunteers who work directly with students do so under the supervision of certificated staff and must have a current TB certificate of completion and Volunteer Agreement filed in the school office. Arrangements for visiting or volunteering in a classroom are to be made with the teacher in advance. For the safety and security of our students, any time anyone, other than staff and students, are on campus, we ask that you stop by the school office, sign in and obtain either a volunteer or visitor's badge. Please wear the badge in a visible location while on campus at all times. If a staff member notices you are not wearing a badge, you may be asked to report to the school office. It is important that you sign in and sign out as this is a way for administration to monitor who is on site in the event of a disaster or emergency. No one is allowed to go directly to any classroom without permission from the school office (California Education Code 32211). Under no circumstances should a visitor/volunteer interrupt classroom instruction. Classroom Observations must be arranged in advance with the school office and classroom teacher. Observations may not be longer than 1 hour, 1 day a week. Visitors and Volunteers are never permitted to be left alone with students without a staff member present. Please make appointments ahead of time when you wish to discuss your child's progress with the teacher.

The Board recognizes that under California law, any person whose conduct materially disrupts classwork or extracurricular activities or cause a disturbance on school ground may be guilty of a misdemeanor and subject to a fine, imprisonment, or both. (Education Code 44811, Penal Code 415.5) When such conduct occurs, the Superintendent or designee may take action leading to the imposition of these penalties.

Loma Verde Elementary School Parent Involvement Policy

GENERAL EXPECTATIONS

Loma Verde Elementary School agrees to implement the following.

- Loma Verde Elementary School will make the Parental Involvement Policy available to the local community through our Parent Handbook and on our school website.
- Loma Verde Elementary School agrees to the following statutory definition of parental involvement, and will carry out programs, activities and procedures in accordance with this definition:

Parental involvement means the participation of parents in regular, two-way, and meaningful communication involving student academic learning and other school activities, including and ensuring—

- (A) parents play an integral role in assisting their child's learning;
- (B) parents are encouraged to be actively involved in their child's education at school;
- (C) that parents are full partners in their child's education and are included, as appropriate, in decision-making and on advisory committees (SSC, ELAC, PTO, DAC/DELAC, and GATE) to assist in the education of their child;
- Loma Verde Elementary School will periodically update its Parental Involvement Policy to meet the changing needs of parents and the school through:

Monthly School Site Council meetings

PTO meetings

ELAC meetings

Principal Coffees

Responsibilities for High Student Academic Achievement

Loma Verde Elementary School will build the school's and parent's capacity for strong parental involvement in order to ensure effective involvement of parents and to support a partnership between the school, parents, and the community to improve student academic achievement through the following activities described below:

- Parent/Teacher Conferences twice a year
- Parent trainings
- Family Nights
- o Parental access to the web sites, weekly Principal newsletters, parent organizations,
- o Peachjar, etc.

The school will, with the assistance of the district, provide assistance to parents of children served by the school in understanding topics such as the following:

- o The State's Common Core State Standards,
- o The State's student academic achievement standards,
- The State and local academic assessments including alternate assessments.
- How to monitor their child's progress
- How to work with educators

Loma Verde Will Encourage Parents to Get Involved

Parent involvement and participation are vital to student success. Parents participate in our school by getting involved in our School Site Council (SSC), attending the English Language Advisory Committee (ELAC) meetings, and volunteering through our Parent Teacher Organization (PTO). Parents are invited to participate in classroom activities, field trips, programs, and assemblies. Volunteers, including parents, grandparents, and community members can help in our office, the library, Maker Space, and the classroom.

Loma Verde Will Encourage Parents to Stay Informed.

We encourage communication in many ways:

- Teachers maintain ongoing communication with parents through notes in student planners, weekly letters, emails, progress reports, phone calls, websites, and conferences.
- School events are published on the school blog, ClassDojo, Loma Verde Elementary School Facebook page, the school marquee, and School Messenger.
- School Site Council meetings are open to the public. Meeting dates, times, and agendas
 are published 72 hours in advance. Public communication at meetings is always on the
 SSC agenda.
- ELAC meetings serve as the educational venue for all parents and interested parties to
 discuss issues pertaining to the importance of daily attendance and English Language
 Development (ELD) program quality review. It also provides opportunities for parents to
 serve as an advisory forum to the principal and the SSC. Meetings are open to the
 public. Meetings agendas and minutes are held in a notebook in the office.
- Our school's PTO holds monthly meetings and sponsors many fun student and community events throughout the school year.

We welcome volunteers and are continually seeking Educational Partnerships with businesses and organizations in our community. Please call 619-420-3940 if you wish to become involved in school activities. Spanish translation is available.

LOMA VERDE ELEMENTARY SCHOOL

Student/School/Parent Compact 2021-2022

As part of a dedicated, cohesive community, Loma Verde School educates children to become responsible, productive citizens who are lifelong learners by providing an effective, high quality and balanced education. This is an agreement that the students, school staff, and parents will work together toward academic success for every child.

THE STUDENT AGREEMENT:

- I will attend school daily, on time, be prepared and ready to learn and work.
- I will understand what I am expected to learn, complete all assignments to the best of my ability, and get help when I need it.
- I will follow school rules and cooperate with adults and other students.
- I will follow teacher directions and not be disruptive in class.

Student Signature _____ Date ____

• I will respect the property of the school, community, and others.

 THE PARENT AGREEMENT: I will send my child to school daily, on time, prepared and ready to learn. I will hold high expectations for my child and monitor my child's progress. I will support school/classroom rules and the site discipline and attendance plan. I will contact teachers/counselors about concerns or problems in a timely manner. I will attend all parent/teacher conferences. I will participate and/or volunteer in school activities. I will provide a regular, daily time for my child/children to complete homework assignments
 I will read with my child on a daily basis for a minimum of twenty (20) minutes. I will limit my child's television viewing to less than thirty (30) minutes a day and encourage physical activities outside of the school day.
Parent Signature Date

THE SCHOOL AGREEMENT:

- We will set high expectations for student learning and use a variety of teaching strategies to motivate and encourage all children.
- We will provide a safe and secure learning environment for students.
- We will maintain a welcoming environment for students, families, and community members.
- We will provide opportunities for parents and community members to volunteer, observe, and participate in classroom activities if possible.
- We will communicate with parents frequently about their child's academic and social progress and communicate concerns in a timely manner.

Teacher Signature Room	Date	
_		

LOMA VERDE STAFF 2021-2022

NAME	GRADE	E-MAIL
Alvillar, Jackie	3 rd DI	jaclyn.alvillar@cvesd.org
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Wu, Janice	Speech	janice.wu@cvesd.org
Youssofi, Teresa	6 th DI	teresa.youssofi@cvesd.org

Fair Winds Center

LOUNGE	Work Room	Psychologist Ms. Cerda	ASHS	ICE	Secretary- Elsa Estrada	OFFICE Principal- Bree Watson	200 Bldg	Mrs Sanchez STRETCH 400A	RSP Rm 403 Rm. 404 5th Mrs. Torres Mr. Cooner	VAPA ART Mr. Medrano	PE Mrs. Gonzalez	Rm. 405	Murdoch	R/R Rm. 406 Rm. 401 R/R 6th 4th-5th	400 Bldg			
KITCHEN			VODITORIOM	ATTOTOTOTO					7				Kinder	Ms. Holmes	RM.501 RM. 502	D Ms. Jones Mrs. Romero Ms. Johnson	.503 Rm. 504	500 Bldg
		SCHOOL PARKING				Preschool Mrs. Fletes & Mrs. Godov	Ms. Kobayashi	SDC Preschool Mrs. Leung &	Ms. Lloyd Rm. 603	TK	Mr. Lopez	Kinder	Rm. 601	600 Bldg				Cana



CHULA VISTA ELEMENTARY SCHOOL DISTRICT SUMMARY OF WELLNESS POLICY (BP 5030)

The Chula Vista Elementary School District (CVESD) recognizes the link between student health and learning and is committed to providing a healthy school environment that promotes student and staff wellness, proper nutrition, nutrition education, and regular physical activity. The CVESD Wellness Policy (BP 5030) was revised August 9, 2017. It updates and reflects changes to all federal, state, local, and District guidelines. Additionally, the policy was re-organized and headings added for clarity and organizational purposes.

Summary of Key Wellness Policy Guidelines- School and District Community:

- Establishing an Early Education (Preschool) component to the Wellness Policy which includes guidelines for physical activity, nutrition education, and school celebrations.
- Developing School Site Wellness Leads (required for each site by August 2020) and School Site Wellness Councils (recommended) to lead efforts towards improving health and wellness at each school site.
- Ensuring lactation accommodations are provided pursuant to Labor Code Section 1030 and 1031.
- Integrating health education into K-6 core academic subjects during the school day and before-and after-school programs as well as providing professional development in health and physical education highlighting healthy behaviors.
- Supplying a standards-based K-6 physical education program emphasizing physical fitness, positive health practices, and skill
 development, that meets or exceeds the State mandated instructional minutes required at the elementary level.
- Giving all students opportunities to be physically active throughout the day with activities such as classroom mini-breaks, physical education, recess, school intramurals, special events, Safe-Routes to School, and before-and after-school programs.
- Implementing nutrition guidelines for all foods available on each campus during the day (midnight through 30 minutes after school), with the objective of promoting student health and reducing childhood obesity.
- Delivering foods and beverages through federally mandated reimbursable school meal programs that meet or exceed federal regulations. For example, the District has chosen to serve flavored milk only during lunch meal periods.
- *Prohibiting* the marketing and advertising of non-nutritious foods and beverages on school sites. School staff are <u>strongly</u> encouraged to use non-descriptive containers for food and beverages they consume while with children.
- Prohibiting food items in celebration of a student's birthday on the school site during the school day.
- Permitting no more than <u>two</u> parties/celebrations <u>with food</u> for each class, per school year, to be scheduled after lunch whenever possible. All food items should be store-bought, pre-packaged, and/or pre-wrapped for food safety and allergies.
- Restricting school staff and other entities from using non-compliant food as a reward for academic performance, accomplishments, or classroom behavior. The District emphasizes non-food incentives as alternatives to all school staff.
- Encouraging school organizations to use <u>non-food items</u> and/or healthy food items for fundraising purposes and special events. If food is used, there should be an effort to *balance healthier, appropriate portion-size food choices with non-nutritious items*.
- Encouraging parents/guardians to support student wellness by considering the <u>nutritional quality</u> and <u>portion-size</u> of items they send for snacks/lunch and complying with new District guidelines for <u>non-food birthday parties</u>, <u>healthier celebrations and</u> special events.
- Fostering consistent health messages between the home and school environment by disseminating information through District menus, school newsletters, handouts, websites, parent meetings, and/or other communications.
- Establishing a plan for promoting, implementing, monitoring and evaluating wellness policy practices in each school, and throughout the District.

*The complete Wellness Policy can be found at http://www.cvesd.org/common/pages/DisplayFile.aspx?itemId=3005854



CHULA VISTA ELEMENTARY SCHOOL DISTRICT 2021 - 22 SCHOOL YEAR-ROUND CALENDAR

School	JULY 2021				ıys W ber m	orke	d
S 4 11 18 25	M T W T F 1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	S 7/1 3 7/5 10 7/7 17 7/16 24 7/19 - 7/20 31 7/21	Fiscal Year begins Legal Holiday (Observed) – Independence Day First Day for 200-day employees/Principals & APs Report First Day for 186-day CNS II & III Teacher Preparation Days Students Report to School – Minimum Day End of first school month, _8_ days taught + _2 teacher work days	ω 180 Days Classified	1 186 Days CNS II & III	5 185 Days Cert. Staff	a 200 Days School Staff
S 1 8 15 22 29	AUGUST 2021 M T W T F 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27 30 31	S 7 14 21 28	End of second school month, <u>22</u> days taught	22	22	22	22
S	SEPTEMBER 2021 M T W T F	s					
19	6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28 29 30	4 11 9/6 18 9/9-9/16 25 9/20-10/1	Legal Holiday – Labor Day Parent/Teacher Conferences – Minimum Days Fall Break End of third school month, <u>12</u> days taught	12	12	12	12
S 3 10 17 24 31	OCTOBER 2021 M T W T F 1 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29	S 10/4 2 10/5 9 16 23 30	Teacher Preparation Day School Resumes – Students Report to School End of fourth school month, _19_ days taught +1_ teacher work day	19	20	20	20
_	NOVEMBER 2021 M T W T F 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30	S 6 13 11/11 20 11/22-26 27 11/25 11/26	Legal Holiday – Veterans Day Thanksgiving Week Break Legal Holiday – Thanksgiving Day In lieu of Holiday – CA Admission Day End of fifth school month,16_ days taught	16	16	16	16
5 12 19 26	DECEMBER 2021 M T W T F 1 2 3 6 7 8 9 10 13 14 15 16 17 20 21 22 23 24 27 28 29 30 31	S 4 11 12/20 - 1/7 18 12/22, 12/23 25 12/24,12/31 12/30	Winter Break Declared Holiday Legal Holiday Declared Holiday				

Legend: School day (180) Minimum Day (50) Teacher Prep. Day (5) Break

No School/Holiday

CHULA VISTA ELEMENTARY SCHOOL DISTRICT SCHOOL CALENDAR: YEAR-ROUND — 2021-22

s	J M	ANU T	ARY W	202 T	2 F	s			sified	&	Staff	ol Staff
2 9	3	4	5 12	6 13	7	1 8 15	1/10 1/11	Teacher Preparation Day School Resumes – Students Report to School - Minimum Day	180 Days Classified	186 Days CNS II & III	185 Days Cert.	200 Days School Staff
16 23	17 24	18 25	19 26	20 27	<u>21</u> 28	22 29	1/17	Legal Holiday – Dr. Martin Luther King Jr. Day	180	186	185	200
30	31							End of seventh school month, <u>14</u> days taught + <u>1</u> teacher work day	14	15	15	15
	F	EBR		Y 202	22							
S	М	T 1	W 2	T 3	F 4	S 5						
6	7	8	9	10	<u>11</u>	12	2/18	Legal Holiday – Lincoln Day (observed)				
13 20	14 21	15 22	16 23	17 24	18 25	19 26	2/21	Legal Holiday – Washington Day				
27	28				<u> 20</u>			End of eighth school month, <u>18</u> days taught	18	18	18	18
		MAF	RCH :	2022								
S	М	T 1	W	T	F	S 5	3/10-3/17	Parent/Teacher Conferences – Minimum Days				
6	7	8	2 9	3 <u>10</u>	<u>4</u> <u>11</u>	5 12	3/10-3/17	Spring Break				
13	14	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	19	3/25	Declared Holiday - Cesar Chavez Day				
20 27	21 28	22 29	23 30	24 31	25	26	3/28	Declared Holiday				
								End of ninth school month,14_ days taught	14	14	14	14
		API	RIL 2	022								
S	М	Т	W	Т	F	S						
3	4	5	6	7	1 8	2 9	4/4	School Resumes – Students Report to School - Minimum Day				
10	11	12	13	14	<u>15</u>	16						
17 24	18 25	19 26	20 27	21 28	<u>22</u> <u>29</u>	23 30		End of tenth school month,20_ days taught	20	20	20	20
		M	Y 20	122								
S	М	Т	w	Т	F	S						
1 8	2 9	3 10	4 11	5 12	<u>6</u> 13	7 14						
15	16	17	18	19	20	21						
22 29	23 30	24 31	25	26	<u>27</u>	28	5/30	Legal Holiday – Memorial Day				
	50	JI						End of eleventh school month, 21 days taught	21	21	21	21
			VIE 2	022			6/3	End of School Year for Students – 180 days taught – Minimum Da				
s	М	T	NE 2	U22 T	F	s	6/6 6/6	Last day for 185-day Certificated Employees – Teacher Preparation D Last day for 186-day CNS II & III	ay			
_	0	_	1	2	3	4	6/15	Last day for 200-day employees				
5 12	6 13	7 14	8 (15)	9 16	10 17	11 18	6/21 6/24	Last day for Associate Principals (204) Last day for Principals (207)				
19	20	21	22	23	24	25	6/30	Fiscal Year ends				
26	27	28	29	30				End of twelfth school month, <u>3</u> days taught + <u>1</u> teacher work day	3	4	4	11
Boa	rd Ap _l	orove	ed 1/2	20/21				Total Instructional Days: 180	180	186	185	200

Legend: School day (180) Minimum Day (50) Teacher Prep. Day (5) Break No School/Holiday