



**OUTDOOR
OUTREACH**

OUT AND ABOUT SAN DIEGO



In partnership with:



THERE ARE STILL **BIG ADVENTURES** TO BE HAD IN SAN DIEGO

This Fall, youth and young adults ages 5 to 25 from anywhere in San Diego County can **ADVENTURE WITH US**, exploring the outdoors while safely creating friendships, building community, and developing leadership skills for all of life's explorations. *This program is **free** and made possible with funding from the County of San Diego.*

As Outdoor Outreach facilitates in person programs, the health and wellness of our community is our priority. We have adapted our programs to local and state health guidelines as related to COVID-19. Face coverings must be worn through the duration of the program. As new updates are released we will continue to modify our practices, procedures and policies.



ROCKCLIMBING



KAYAKING



HIKING



PADDLEBOARD



MTN BIKING

*Actual activities may vary from above and are subject to change

DATES

Time-limited series starting
September 28, 2020

TIME

After school, Weekends
and School Breaks

ELIGIBLE AGES

- 5-7 (Elementary)
- 8-10 (Elementary)
- 11-13 (Middle School)
- 14-18 (High School)
- 19-25 (Young Adults)

TO LEARN MORE AND SIGN UP TODAY, VISIT: outdooroutreach.org/outandaboutSD

Questions? Email outandaboutsandiego@outdooroutreach.org or call (619) 238-5790

Registration includes: Transportation to and from activity locations; Lunch (weekends) and snacks (afterschool); Recreational and safety equipment; Professional instruction and guided exploration; Face masks provided as-needed

Limit of one event per person for the duration of the program. Registration priority will be given to children and youth in the BHS system of care.